



Behind the Curtain Webinar Series

Specialized Substance Use Disorder
Treatment Services
June 9, 2021





The DBH supports ...

...Children and adults with serious mental illness.

...Adolescents and adults with substance use disorders (SUD).

...Youth and young adults in need of prevention services.



About DBH

The Division of Behavioral Health provides oversight of the publicly funded behavioral health system.



About DBH

The DBH supports a comprehensive array of publicly funded behavioral health treatment services.

Publicly Funded Behavioral Health Treatment Services

- Outpatient mental health services
- Outpatient and inpatient SUD treatment services
- Prevention services



Specialized SUD Treatment Services

Agenda

- Specialized High Intensity Services
- Specialized Support Services
- Resources
- Q&A



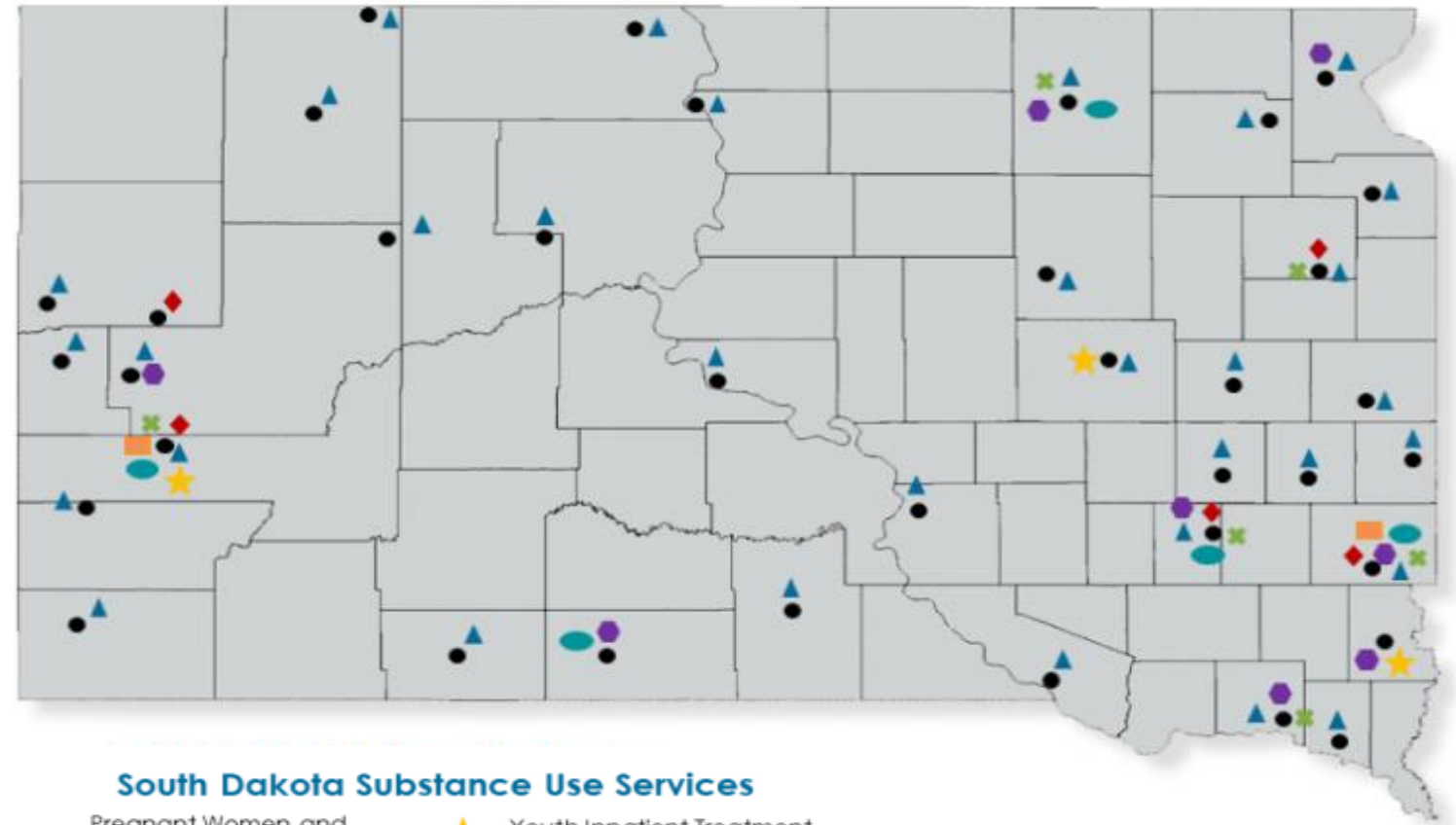
Specialized High Intensity Services

Presented by: Melanie Boetel

SUD Treatment Services

DBH contracts with SUD treatment providers and prevention agencies to provide the following:

- Outpatient Treatment Services
- Low Intensity Residential Treatment Services
- Inpatient Treatment Services
- Detoxification Treatment Services
- Specialized Services
 - Intensive Methamphetamine Treatment
 - Pregnant Women and Women with Dependent Children Programs
 - Treatment Services for Justice Involved Adults
- Prevention Services



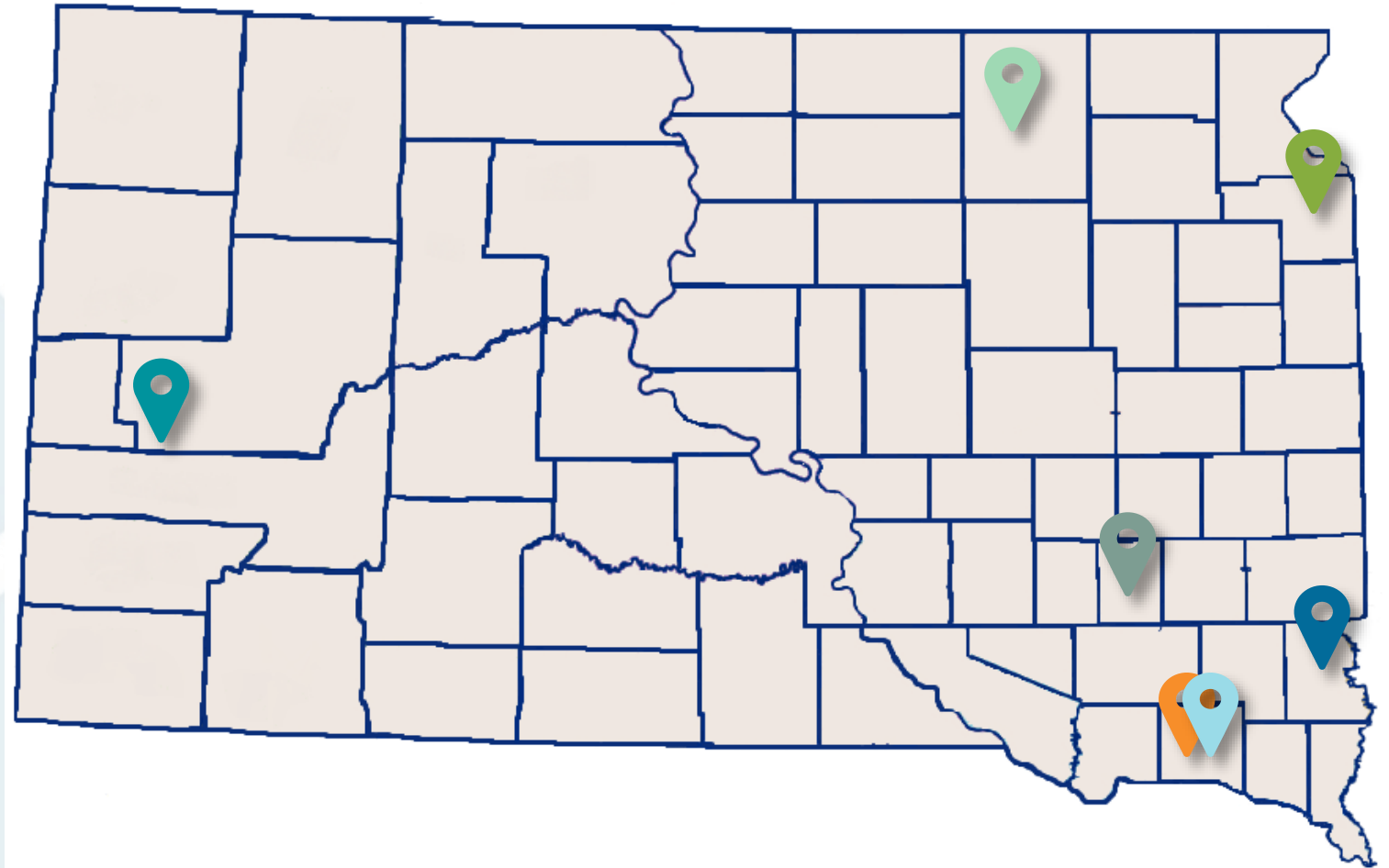
South Dakota Substance Use Services

- | | |
|---|--|
|  Pregnant Women and Women with Dependent Children Treatment Services |  Youth Inpatient Treatment Services |
|  Outpatient Treatment Services |  Detoxification Treatment Services |
|  Low Intensity Residential Treatment Services |  Intensive Methamphetamine Treatment Services |
|  Adult Inpatient Treatment Services | |

Note: Communities are represented by black dots

3.7 Intensive Inpatient Treatment Services

- 7 residential facilities across South Dakota
- Provide residential services with medically monitored intensive treatment for individuals with severe substance use disorders.
- Individuals receive a minimum of 30 hours of services per week with 9 of those hours being on specialized topics that address the individual's specific needs.
- [SUD Treatment Services Brochure](#)



**Avera St. Luke's
Avera Addiction
Care Center**

Aberdeen, SD

**Dakota Counseling
Institute – Stepping
Stones**

Mitchell, SD

**Dakotah
Pride
Center**

Sisseton, SD

**Human Services
Center**

Yankton, SD

**Keystone
Treatment
Center**

Canton, SD

**Compass
Point**

Sturgis, SD

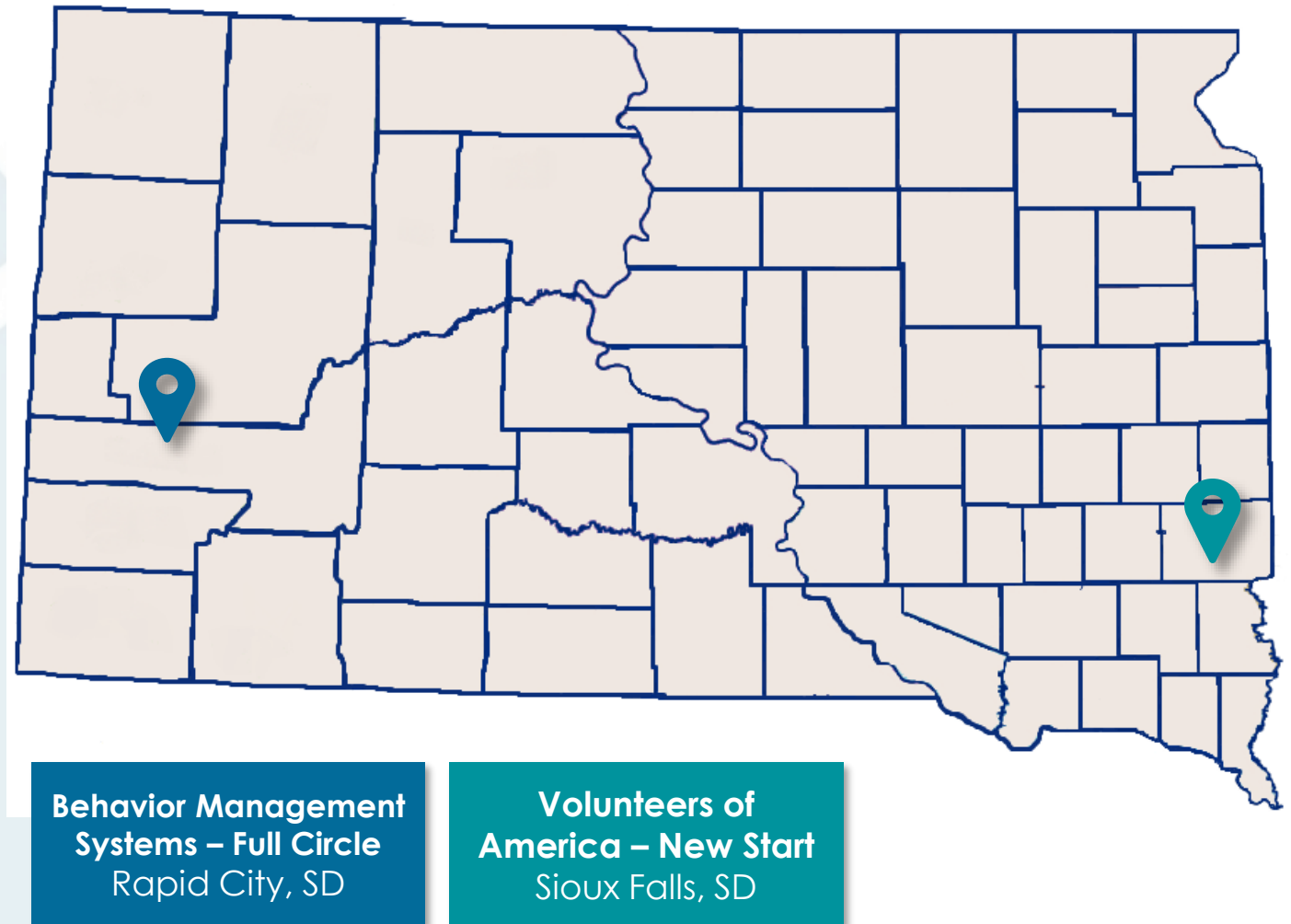
**Lewis & Clark
Behavioral
Health Services**

Yankton, SD

Pregnant Women and Women with Dependent Children Programs

Provide a supportive living environment for women completing substance use disorder treatment, along with their dependent children (0-10 years of age) and obtain the assistance they need to make a successful transition back into their home community.

- Recovery Support Services
 - Wrap around services available to women before admission or after discharge from residential programming
- Low Intensity Residential Services
 - Services in a residential setting that allow residents to maintain employment and community supports while residing in a sober living environment
- Inpatient Services
 - Provides residential services with medically monitored intensive treatment for individuals with severe substance use disorders

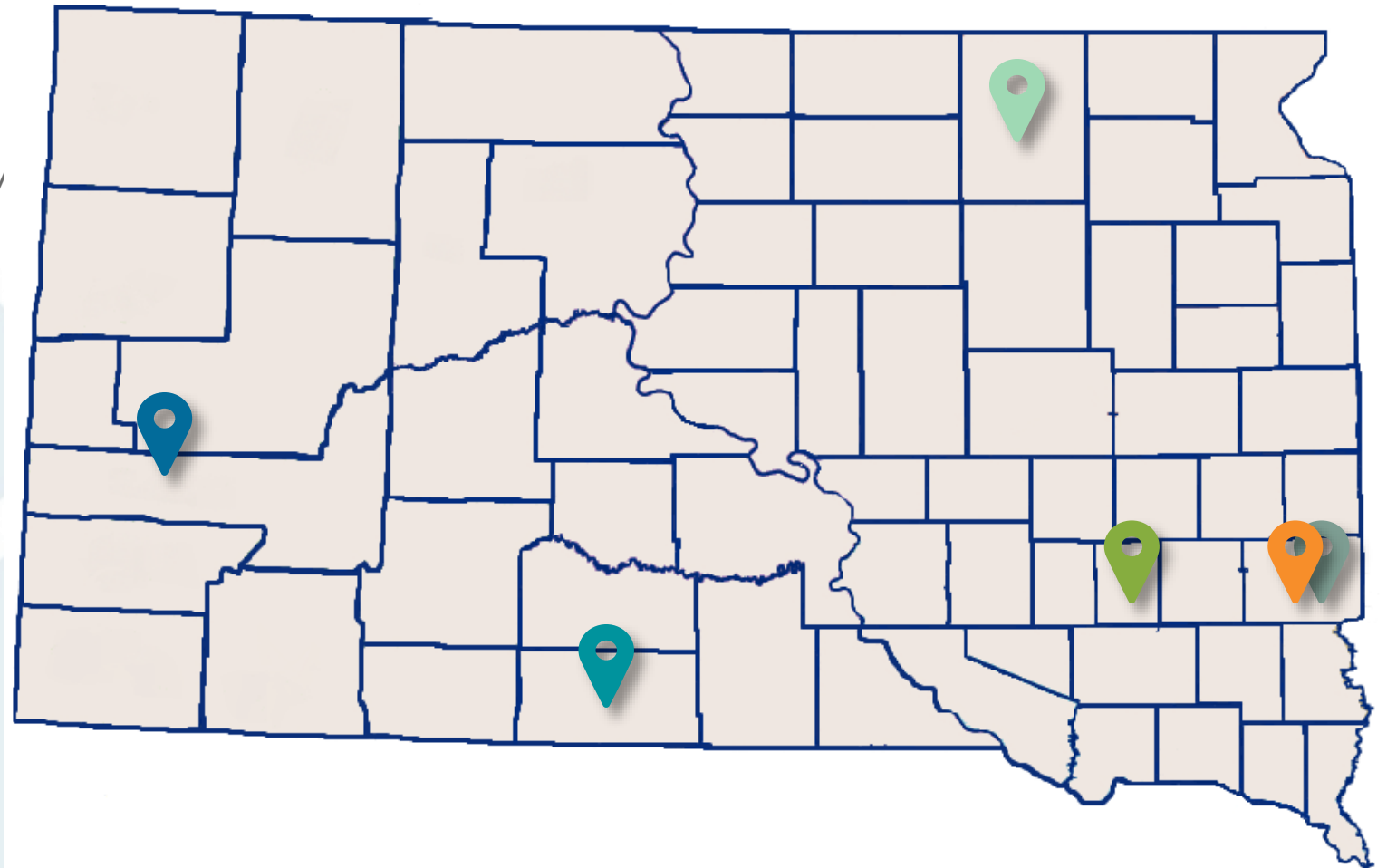


Intensive Methamphetamine Treatment (IMT) services

- Provide long-term, evidence-based programming for individuals with severe methamphetamine use disorder.
- The extended programming allows for recovery of cognitive capacity as well as on going case management.
- Treatment may include residential services, outpatient treatment and case management to support long term recovery.

Best Practices for treating individuals with stimulant use disorders:

- Cognitive Behavioral Therapy
 - Motivational Interviewing
 - Contingency Management
 - Community Reinforcement
- [IMT Services Brochure](#)



**Avera St. Luke's
Avera Addiction
Care Center**
Aberdeen, SD

Carroll Institute
Sioux Falls, SD

**Dakota Counseling
Institute – Stepping
Stones**
Mitchell, SD

Glory House
Sioux Falls, SD

**PCSO – Addiction
Treatment
Services**
Rapid City, SD

**Rosebud Sioux
Tribe Treatment**
Rosebud, SD

Individuals Seeking Services

How an individual finds help

SUD is a disease which occurs when the recurrent use of alcohol and/or drugs causes significant impairments. Impairments may include health problems, disability and failure to meet major responsibilities at work, school or home.

A trained counselor completes clinical assessment and recommends treatment services based on the assessment.

- 1 Individual and/or referral source contacts a local treatment provider
- 2 A trained clinician completes a clinical assessment
- 3 The trained clinician makes clinical recommendations and refers the individual to treatment services



Role of a Treatment Provider

High Intensity Services Referral Process

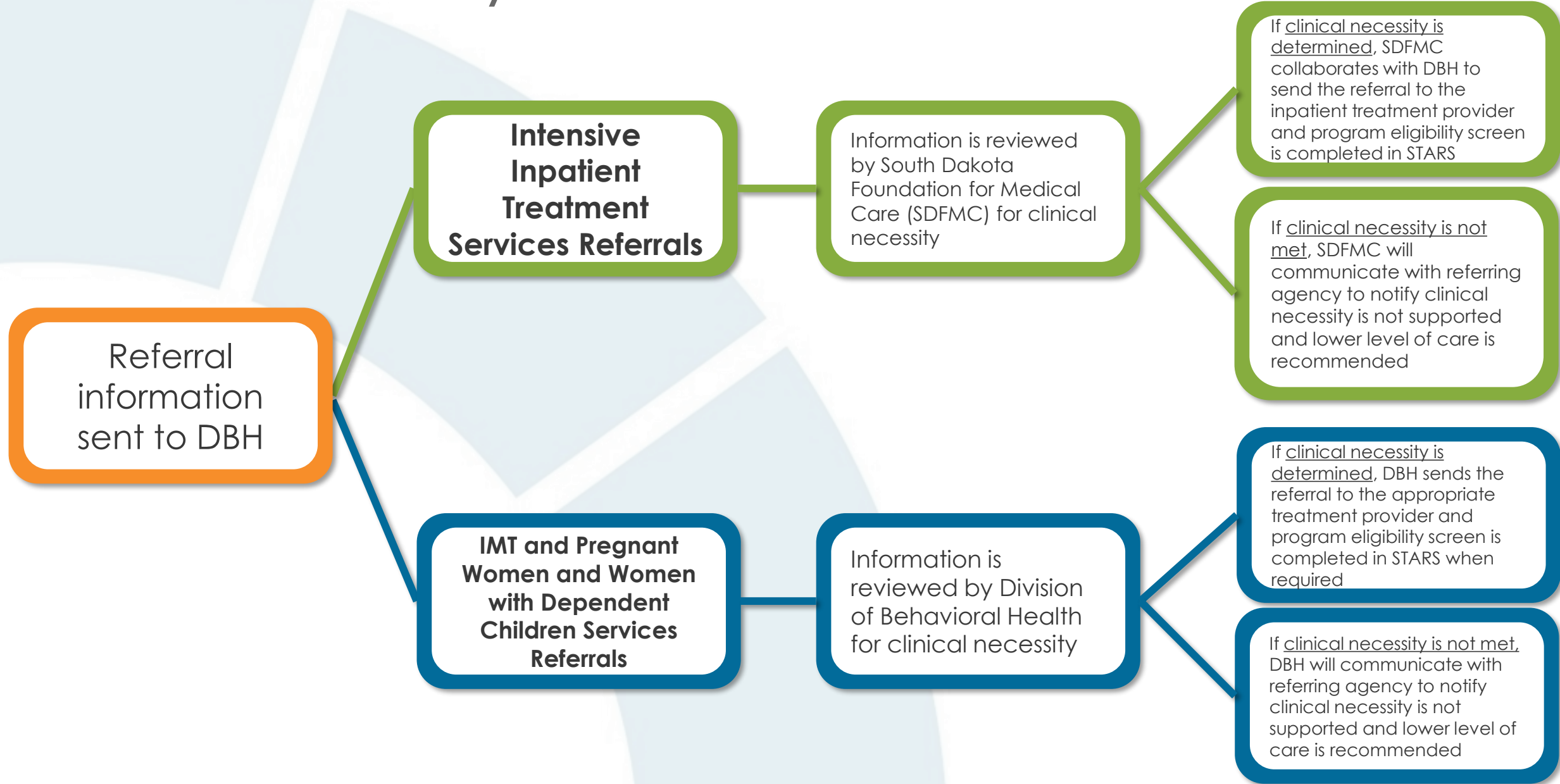
Many times, outpatient treatment can meet the individual's needs.

When the disease becomes more severe and causes significant impairments, more intensive services including residential and inpatient treatment can address those needs.

- 1 Trained clinician determines clinical necessity by completing an assessment
- 2 Trained clinician completes the Substance Use Disorder High Intensity Referral Form and 3rd Party Release of Information
- 3 Trained clinician submits the completed forms to the Division of Behavioral Health and South Dakota Foundation for Medical Care (SDFMC) for review



Clinical Necessity Determination Review

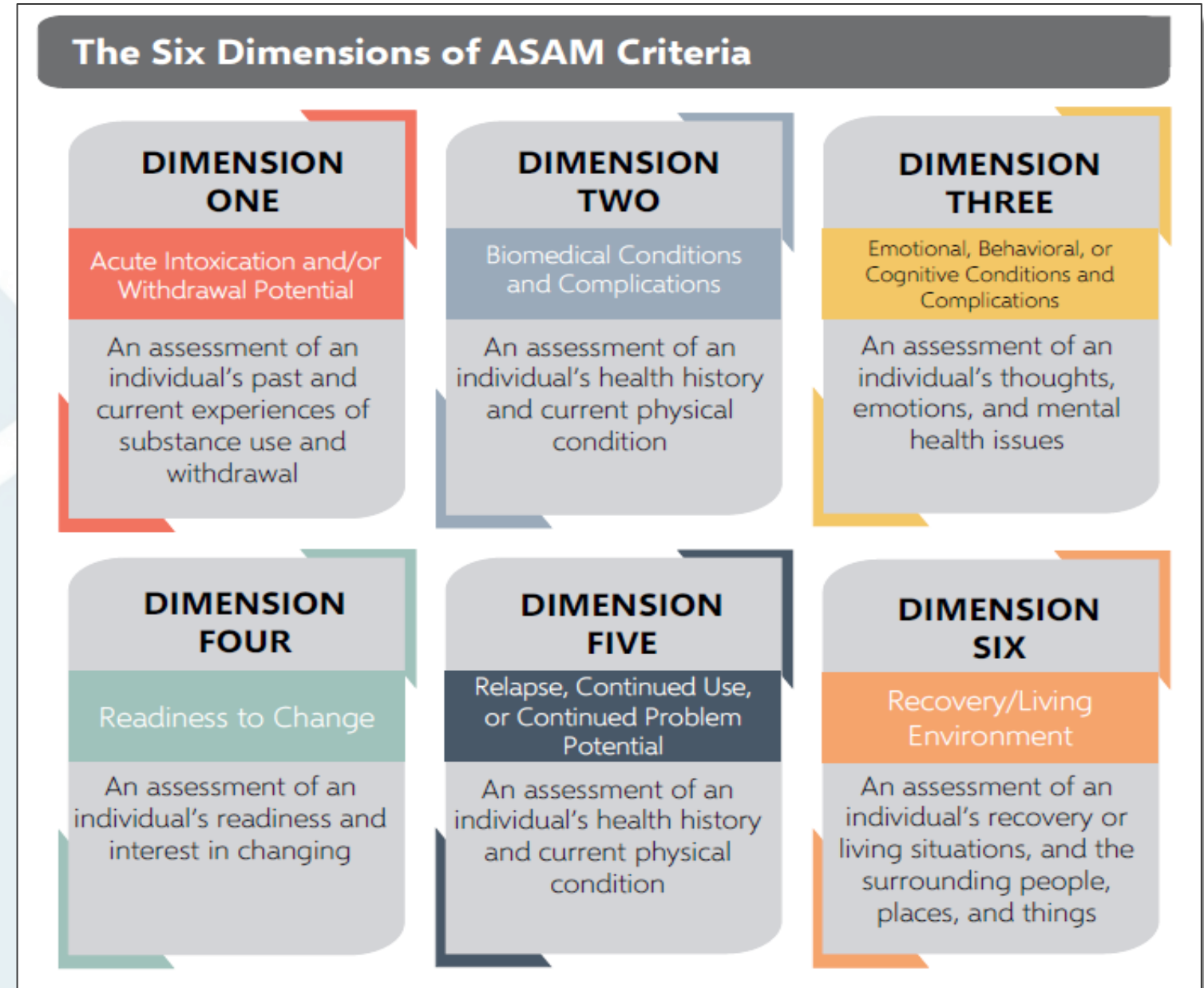


How is Clinical Necessity is Determined?

The Six Dimensions of ASAM Criteria

The Division of Behavioral Health and the South Dakota Foundation for Medical Care (SDFMC) use the six dimensions of the ASAM Criteria to determine clinical needs.

- What is the ASAM Criteria?
 - The ASAM Criteria is a guide for making clinically appropriate treatment and placement recommendations for individuals with substance use disorders.
- How is the ASAM Criteria Used?
 - The ASAM Criteria provides a thorough multidimensional assessment of the patient's needs in each of the identified six dimensions, across the continuum of care.



How is Clinical Necessity is Determined?

3.7 Intensive Inpatient Clinical Need

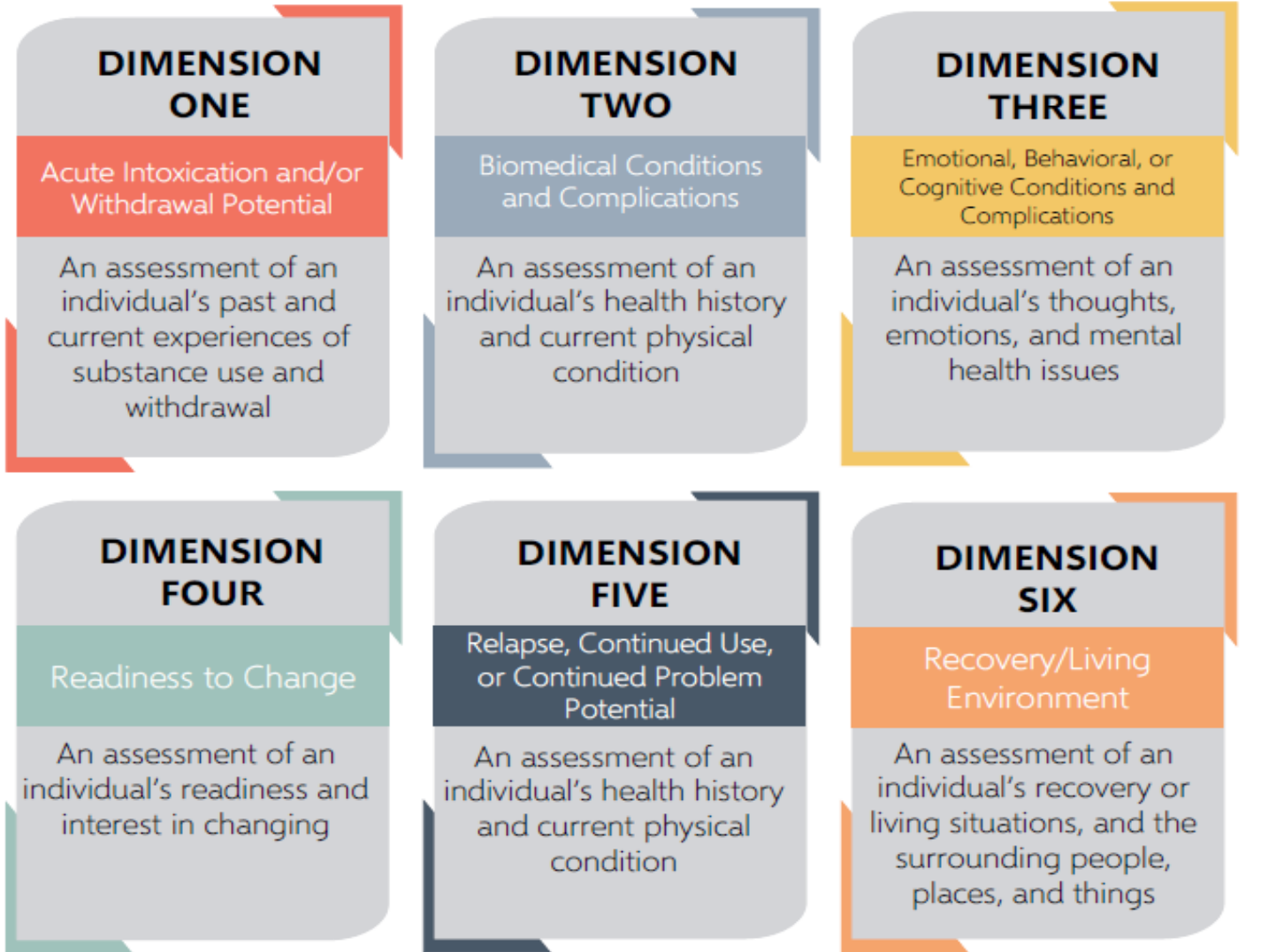
To meet clinical need for Intensive Inpatient Services the following criteria must be met ([ARSD 67:61:18:01](#)):

1. The client shall meet one of the following:
 - a) The client is experiencing moderate to severe withdrawal or is at risk of severe withdrawal based on previous withdrawal history (**Dimension One**);
 - b) The client's continued substance use causes imminent risk to biomedical conditions (**Dimension Two**); or
 - c) The client's continued substance use causes imminent risk to emotional, behavioral, and cognitive conditions (**Dimension Three**)

AND

2. The client shall meet one of the following
 - a) The client requires intensive monitoring and support to promote progress through the stages of change (**Dimension Four**);
 - b) The client is in immediate danger of continued severe substance use or relapse and such behaviors present significant risk of serious adverse consequences to the client, others, or both (**Dimension Five**); or
 - c) The client's recovery environment poses a threat to safety, engagement in treatment, or both (**Dimension Six**).

The Six Dimensions of ASAM Criteria



How is Clinical Necessity is Determined?

Clinical Necessity is Not Met

If clinical necessity is not met, lower level of care is recommended

- Depending on clinical need one of the following levels of care may be recommended
- These levels of care do not require prior authorization by DBH

Early Intervention Services (Level 0.5)

Early Intervention services offer outpatient services to individuals who may have substance use related problems but are not diagnosed with a substance use disorder.

Dimensions with risk:

Dimension Four
Dimension Five
Dimension Six

Outpatient Treatment Services (Level 1.0, 2.1, 2.5)

Outpatient treatment services provide counseling services to individuals diagnosed with substance use disorders.

Dimensions with risk:

Dimension One
Dimension Three
Dimension Four
Dimension Five
Dimension Six

Low Intensity Residential Treatment Services (Level 3.1)

Services include residential, peer-oriented treatment programs for individuals with substance use disorder (SUD) whose living situation or recovery environment is incompatible with recovery goals. The program provides SUD counseling and case management services.

Dimensions with risk:

Dimension One
Dimension Three
Dimension Four
Dimension Five
Dimension Six



Specialized Support Services

Present by: Kaitlyn Broesder

Specialized Support Services

- Strategies Supported by State Opioid Response (SOR) Grant
- The SOR grant supports individuals struggling with an opioid use disorder and/or stimulant use disorder.
- Visit the [Avoid Opioid](https://avoidopioid.com) website site for more information



STRATEGIES SUPPORTING OPIOID AWARENESS, PREVENTION, AND TREATMENT¹

TREATMENT	PREVENTION	LIVES SAVED
<p> More than 950 individuals have been treated for opioid addiction by key partners or state-contracted agencies.</p>	<p> Over 10,000 individuals have participated in evidence-based awareness and education programming.</p>	<p> More than 500 individuals had an improved response in their condition after administration of Naloxone by EMS personnel.</p>

KEY PARTNERS

- Project Recovery
- Lewis & Clark Behavioral Health Services
- Center for Family Medicine in partnership with South Dakota State University
- Avera Health
- The Helpline Center
- Face It TOGETHER
- Project Recovery (for clients engaged in Medication-Assisted Treatment)
- Bethany Christian Services
- Oxford House Inc.

STRATEGIES

- Promote capacity building efforts to develop Medication-Assisted Treatment (MAT) and supporting services, including case management and peer supports.
- Provide training and education for addiction treatment professionals on MAT.
- Develop telemedicine-based MAT services statewide.
- Answer and triage all calls to the SD Resource Hotline (staffed 24/7).
- Develop and maintain a searchable online database that includes statewide resources for substance use awareness, education, and treatment.
- Connect those seeking assistance to resources through Care Coordination.
- Provide effective, science-based peer coaching for people living with addiction.
- Integrate peer recovery support services within MAT clinics and other acute or treatment settings.
- Increase access to peer coaching through technology.
- Support expectant and new mothers impacted by opioid or stimulant use through evidence-based specialized case management.
- Develop new MAT-friendly recovery homes using the Oxford House model.
- Establish an Oxford House State Chapter to support new and existing homes.

Overdose Education & Naloxone Distribution

To learn more, contact the Office of Rural Health at 605-773-3361

Training & Education

For resources and more information visit AvoidOpioidSD.com/for-providers/

Project ECHO®

To learn more, contact the Division of Behavioral Health at 605-367-5236

Public Awareness

To learn more visit AvoidOpioidSD.com

Prevention in Communities

To learn more, contact the Division of Behavioral Health at 605-367-5236

Youth Prevention

To learn more, contact the Division of Behavioral Health at 605-367-5236

KEY PARTNERS

- SD Department of Health, Office of Rural Health
- Law Enforcement and Emergency Responders statewide
- SD Board of Pharmacy
- Health care systems
- Addiction treatment professionals and agencies
- Professional associations
- Avera Health
- University of South Dakota
- Hot Pink, Ink.
- KAT Marketing and GoodHealthTV®
- Prevention Resource Centers
- Community-Based Prevention Providers
- Boys and Girls Clubs
- Institutions of higher education
- Prevention Resource Centers
- Community-Based Prevention Providers
- Boys & Girls Clubs
- South Dakota State University Extension

STRATEGIES

- Host trainings for emergency responders to receive education about recognizing and responding to a suspected opioid overdose.
- Increase access to naloxone for anyone at risk of an opioid-related overdose.
- Equip emergency responders across SD with NARCAN® for use in a suspected opioid overdose.
- Increase access to training and education events for professionals who serve populations affected by opioid abuse/misuse.
- Support technical assistance for providers seeking to integrate MAT into their practice.
- Support all state contracted substance use disorder treatment agencies in being MAT-capable.
- Build capacity for Project ECHO in South Dakota, which provides a hub-and-spoke knowledge sharing approach where expert teams lead virtual clinics.
- Support continuation of existing ECHO hubs in South Dakota in the areas of addiction medicine and alternative pain management strategies.
- Broadcast PSAs and other media statewide, featuring treatment approaches and access.
- Deliver targeted messaging for American Indian youth and adults regarding the dangers of opioid misuse.
- Promote opioid awareness and education using targeted social media strategies.
- Deliver evidence-based opioid awareness and education programming through prevention and awareness events in schools and communities.
- Provide education on safe disposal strategies for unused or expired medications.
- Support communities as they work to address the opioid crisis at the local level.
- Deliver evidence-based opioid awareness and education programming to middle- and high-school youth.
- Partner with after-school programs to integrate evidence-based prevention curriculum
- Create and deliver culturally reflective and age-appropriate educational campaigns.

Specialized Support Services

- Medication Assisted Treatment (MAT)
 - Contract with 4 providers that expand access to MAT statewide through office-based and telemedicine-based care.
 - Avera Health
 - Center for Family Medicine in partnership with South Dakota State University
 - Lewis & Clark Behavioral Health Services
 - Project Recovery
- Indigent Medication Program
 - Can be used to cover the costs associated with MAT.
 - Continue to support temporary financial assistance for cost of medications associated with MAT.
- Indigent Medication Application

TREATMENT for Opioid Use Disorder

OVERVIEW: Expanding access to Medication-Assisted Treatment (MAT) is a priority for both South Dakota and the nation in combating the opioid crisis. MAT is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a "whole patient" approach to treatment.

KEY PARTNERS:

- Avera Health
- Project Recovery
- Lewis & Clark Behavioral Health Services
- Center for Family Medicine and South Dakota State University (SDSU)
- South Dakota Association of Addiction and Prevention Professionals (SDAAPP)

AS OF OCTOBER 2020...

More than 950 individuals have engaged in a MAT program at one of the contracted key partners.

All state contracted substance use disorder treatment agencies are MAT-capable.

More than 100 addiction counselors received training in MAT at the 2018 SDAAPP Fall Conference.

CAPACITY BUILDING EFFORTS TO DATE

Avera Health

Building upon its integrated behavioral health services within inpatient settings, Avera Health is working to expand access to MAT among patients served in outpatient settings through referral linkages and coordinated care across Avera's network to MAT providers via telemedicine. Targeted areas for referral linkages within Avera's network include the OB service line and the pain clinic. Avera is also partnering with Minnehaha County to support MAT services at The Link Community Triage Center in Sioux Falls.

Center for Family Medicine in partnership with South Dakota State University

Building upon its existing education and training program for family medicine residents, pharmacy students, and medical staff, SDSU and Center for Family Medicine increased their training and staff capacity to support a weekly MAT clinic in Sioux Falls.

Lewis & Clark Behavioral Health Services

Recognizing a lack of MAT options in their service area, Lewis & Clark Behavioral Health Services created a program centered on expanding its existing comprehensive substance use treatment continuum of care via office-based patient services for MAT. The program expanded access to MAT in 2020 by utilizing telehealth with numerous partners across the state.

Project Recovery

Stephen Tamang, MD, began treating addiction through Monument Health in 2017. In 2018, he founded Project Recovery, utilizing technology and evidence-based medicine to treat opioid use disorder. Project Recovery provides office-based MAT in the Rapid City area. Project Recovery also provides services via telemedicine, giving behavioral health professionals statewide access to a waived medical provider.

If you or someone you know is struggling with addiction – don't wait. Reach out.

www.AvoidOpioidSD.com
South Dakota Resource Hotline
1-800-920-4343

To learn more about MAT or to inquire about expanding access in your area, please contact DSS, Division of Behavioral Health at 605-367-5236.

Funding for this material was made possible by H7971081711 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Updated 10/2020



Specialized Support Services

• Peer Recovery Supports

- Peer Recovery Support Services are available to provide effective, science-based peer coaching for people living with addiction, including their loved ones.
- Face It TOGETHER offers in-person and virtual sessions to expand reach to individuals across the state.
- In February 2020, one of our contracted MAT providers also began offering Peer Recovery support services.

PEER RECOVERY SUPPORTS

OVERVIEW: Peer Recovery Support Services are available to provide effective, science-based peer coaching for people living with addiction, including their loved ones. South Dakota's peer recovery supports model that of SAMHSA, utilizing Peer Support Workers, or individuals who have been successful in the recovery process. Services are evidence-based, provided by coaches with lived experience.

KEY PARTNERS:

- Face It TOGETHER
- Project Recovery (for clients engaged in Medication-Assisted Treatment)

AS OF OCTOBER 2020...

More than 550 individuals have engaged in peer recovery coaching services provided by coaches from Face It TOGETHER.

An average of 250 coaching sessions are held on a monthly basis for individuals engaged in Medication-Assisted Treatment at the Project Recovery clinic.

PEER SUPPORT WORKERS

Peer support workers engage in a wide range of activities. These include:

- Advocating for people in recovery
- Sharing resources and building skills
- Building community and relationships
- Leading recovery groups
- Mentoring and setting goals

Peer support roles may also extend to the following:

- Providing services and/or training
- Supervising other peer workers
- Developing resources
- Administering programs or agencies
- Educating the public and policymakers

STRATEGIES

Provide effective, science-based peer coaching for people living with addiction, including loved ones, in office-based settings or via technology.

Integrate peer recovery support services within Medication-Assisted Treatment clinics and other acute or treatment settings.

Increase access to peer coaching through mobile coaching via secure video or phone that best meets the needs of individuals seeking services.

Provide financial assistance to cover the cost of coaching for those impacted by opioid or stimulant use.

If you or someone you know is struggling with addiction - don't wait. Reach out.

www.AvoidOpioidSD.com
South Dakota Resource Hotline
1-800-920-4343

To learn more or to enroll in Peer Recovery Support Services for you or a loved one, call the South Dakota Resource Hotline at 1-800-920-4343.

Funding for this material was made possible by 2H79T08171 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Updated 10/2020



Specialized Support Services

- Oxford House

- What Makes Oxford House Different?
 - The house is democratically self-run
 - The house membership is responsible for all household expenses
 - The house must immediately expel any member who uses alcohol or drugs.
 - All houses are MAT-friendly
 - All house have naloxone and are trained to administer.
- Future Expansion in South Dakota
 - New Oxford Houses will continue to be opened across South Dakota
 - Each Outreach Worker will open houses in his/her region
 - Cities currently looking to expand to are Rapid City, Aberdeen, Pierre, and Yankton.

- Oxford House Vacancy website



Supported Housing for Addiction Recovery and Empowerment

The Supported Housing for Addiction Recovery and Empowerment (SHARE) program provides structure and support outside of a formal treatment setting including supported housing and related services to individuals 18 and older diagnosed with a substance use disorder or experiencing issues related to substance use, including those with co-occurring mental illness, who due to their challenges, are unable to live independently without additional supports.

- Supportive services must include, at a minimum case management services targeting life domains that have been impacted by the SUD (or substance related issues) and are preventing the individual from living independently.
- In addition, supporting services may include the following
 - direct assistance to obtain basic life necessities
 - assistance to perform daily living activities
 - liaison services
 - employment services
 - other case management services based on the needs of the individual

Locations

Brookings

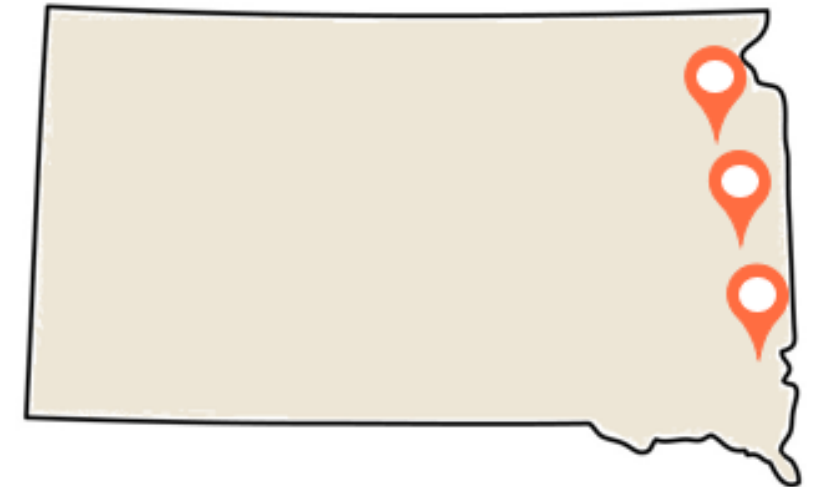
- Teen Challenge

Sioux Falls

- Glory House
- Kingdom Boundaries Prison Aftercare Ministry
- Dakota Dream for Recovery
- Southeastern Behavioral Healthcare (SEBHC)

Watertown

- Inter-Lakes Community Action Partnership (ICAP)



Specialized Support Services

- ReNew Program Overview
- Maternal Wraparound and Attachment Parenting Education
 - Serving **Re**covering Mothers with **New**borns
- ReNew engages expectant mothers and their newborns to attain positive, life-changing behavior.
 - Bethany's ReNew Maternal Wraparound Program (Recovering Mothers with Newborns) is a specialized case management model that supports pregnant women with Substance Use Disorders (SUD) by empowering and equipping them for **successful recovery before and after the birth of their child**.
 - The model's goals are to promote treatment compliance, maternal health, improve birth outcomes, and reduce the risks and adverse complications of prenatal substance exposure for both mothers and newborns. ReNew integrates evidence-based models and practices across formal systems of child welfare, medical, and substance abuse treatment from pregnancy **through the first year** of the child's life.



Specialized Support Services

- Care Coordination

- Care Coordination provides extra support & follow up care, and can help connect individuals with social support, counseling, treatment options and other services in their area that may be a barrier to recovery.
- Connect individuals with food assistance, parenting support, childcare, employment, help with scheduling appointments and will provide ongoing support and follow-up for as long as an individual requests.

- Resource Hotline

- The Resource Hotline is available 24 hours a day, 365 days a year – for free, confidential support, whether you're concerned about yourself or a loved one.
- Strategies
 - Answer and triage all calls to the Resource Hotline (staffed 24/7).
 - Develop and maintain a searchable online database that includes statewide resources for substance use awareness, education, & treatment.
 - Connect those seeking assistance to resources through Care Coordination





Resources

Presented by: Melanie Boetel

How to find treatment services

<https://dss.sd.gov/behavioralhealth/agencycounty.aspx>

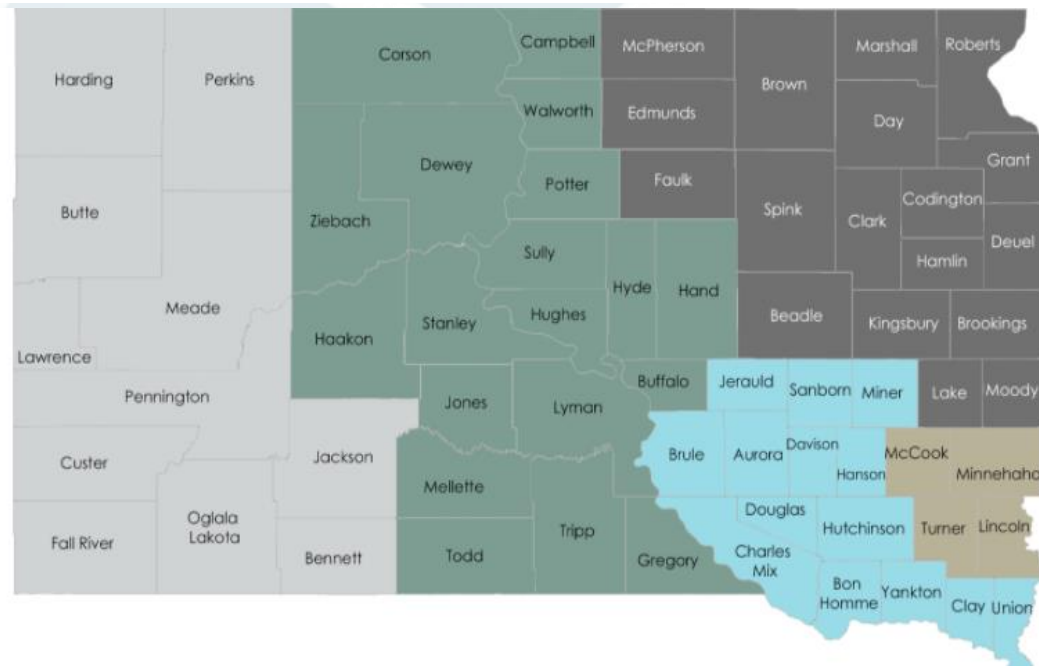
or call the 24/7 Treatment Resource Hotline at 1-800-920-4343

Behavioral Health Services County Map

Mental health and substance use disorder treatment services are available including if you need assistance in paying for services. Click the county nearest to you for contact information or visit the national [Behavioral Health Treatment Services Locator](#).

In an effort to increase access to publicly funded services, the days/hours of substance use disorder providers offering walk-in assessments is provided below.

- [List of substance use disorder treatment providers offering walk-in assessments](#)



DSS Website Resources

For Providers

- Find information related to Accreditation, Financial Eligibility, High Intensity Treatment Services, STARS Information
- <https://dss.sd.gov/behavioralhealth/providers.aspx>

Provider Resources

Supporting our provider community is important to the Division of Behavioral Health. Below are links to important information for inquiring providers as well as providers currently contracted with the Division.

▼ Accreditation Information

Visit the [Accreditation](#) page for more information

Accreditation Resources

- [Mental Health Accreditation Application](#)
- [Substance Use Disorder Accreditation Application](#)
- [Prevention Accreditation Application](#)

► Financial Eligibility Information

► High Intensity Treatment Services

► Indigent Medication Program

► STARS Information

► Substance Use Disorder (SUD) Prevention Information

► Outcome Tools Information

► Resources

For Individuals Seeking Information About Services

- Find information about behavioral health services available, Involuntary Commitment process, and Prevention Services
- <https://dss.sd.gov/behavioralhealth/services.aspx>

Treatment Services

The Division of Behavioral Health contracts with accredited behavioral health providers across the state to provide quality services to both adults and youth.

Mental health and substance use disorder treatment services are available including if you need assistance in paying for services. Find services in your [area](#) or visit the national [Behavioral Health Treatment Services Locator](#).

▼ Mental Health Services

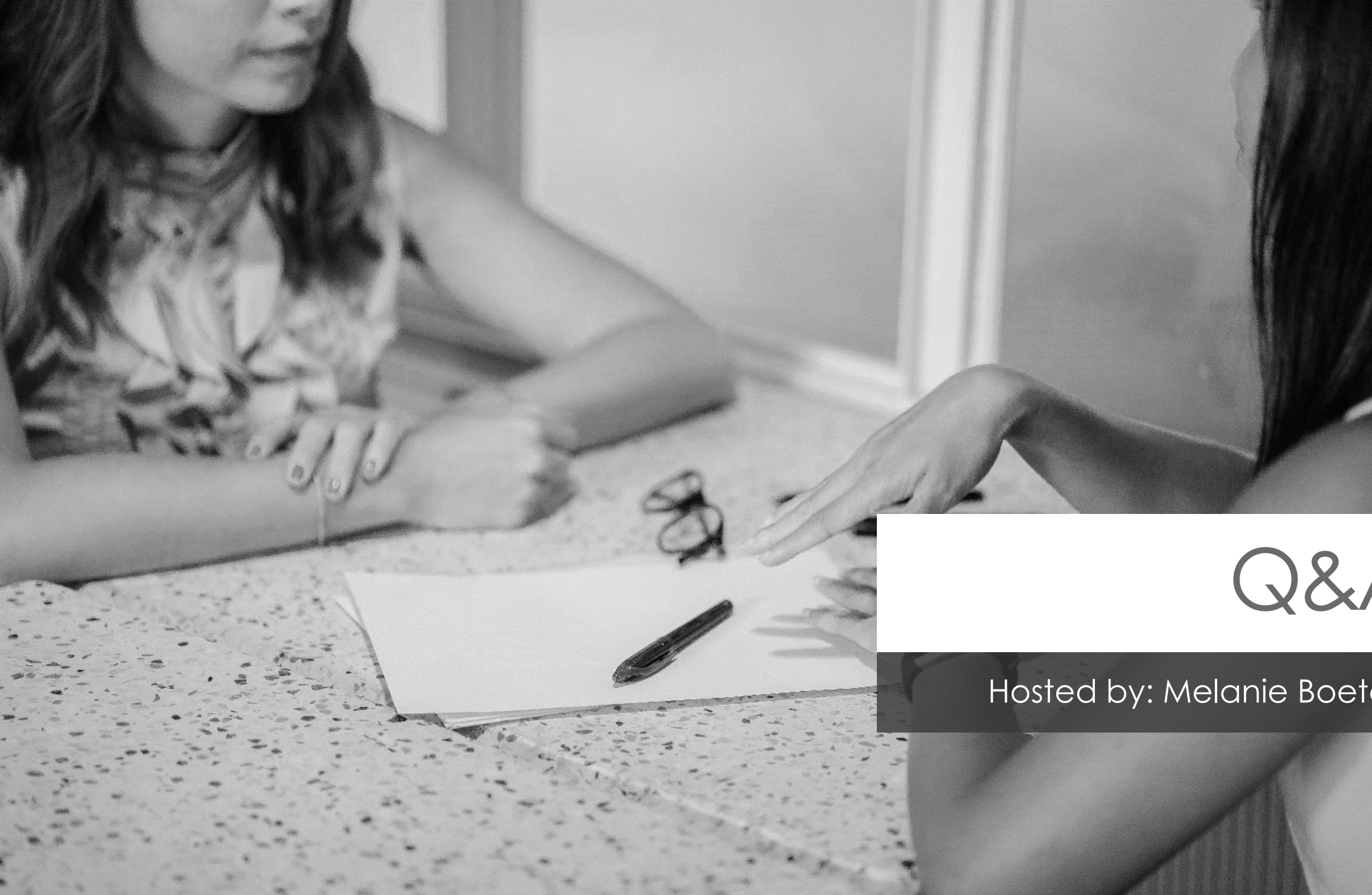
The Division of Behavioral Health contracts with 11 accredited community mental health centers across the state to provide quality services to both adults and youth. Services provided include screenings and assessments, specialized outpatient services, individual therapy, group therapy, and crisis intervention. Funding assistance may be available, contact your local treatment agency for more information. Learn about available mental health services below.

- [South Dakota Community Mental Health Center Flyer](#)
- [Mental Health Services Brochure](#)
- [Justice Involved Services for Youth Flyer](#)

► Substance Use Disorder Services

► Intensive Methamphetamine Treatment Services

► Behavioral Health Voucher Program



Q&A Session

Hosted by: Melanie Boetel & Kaitlyn Broesder

Question/Answer

Panelists

Specialized High Intensity Services

Intensive Inpatient Services and IMT Services

Name: Kathy Wingert, CAC
Agency: DCI - Stepping Stones
Role: Residential Supervisor and IMT counselor

Pregnant Women and Women with Dependent Children

Name: Amy Hartman
Agency: VOA – New Start
Role: Managing Director of Behavioral Health

Specialized Support Services

ReNew Program

Name: Dione Krush and Heidi Thomas
Agency: Bethany Christian Services
Role: Intensive Case Management Support for pregnant and postpartum women with SUD

Recovery Housing

Name: Mark Wald and Jessica Hromas
Agency: Oxford Housing

Medication Assisted Treatment (MAT)

Name: Pam VanMeeteren, Psychiatric Mental Health Practitioner
Agency: Lewis & Clark Behavioral Health Services

Resource Hotline/Care Coordination

Name: Taylor Funke, BS, CAC, CPS, CRS and Certified Crisis Worker
Agency: Helpline Center
Role: Substance Use Program Manager



Upcoming Webinars

Future Webinar Dates/Topics

- Session 2: [Prevention Services](#)
August 11, 2021
- Session 3: [FY21 Data and Outcomes](#)
October 13, 2021
- Session 4: [Correctional Behavioral Health](#)
December 8, 2021
- Session 5: [Behavioral Health Prevalence Data Overview](#)
February 9, 2022
- Session 6: [Mental Health Services](#)
April 13, 2022



Thank You

Melanie Boetel & Kaitlyn Broesder

605.367.5236

dssbh@state.sd.us

<https://dss.sd.gov/behavioralhealth/>

